



NAPPY CHANGING AND INTIMATE CARE POLICY

EYFS: 3.1, 3.6

POLICY STATEMENT

Intimate care routines are essential throughout the day to meet children's basic needs. This may include nappy changes and supporting children with toileting.

Harvey Road Day Nursery is committed to ensuring that all staff responsible for intimate care of children will understand their duties in a professional manner at all times. We recognise that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress, embarrassment or pain. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time. Our bathroom provision and hygiene practice is able to accommodate children who are not yet toilet trained. We see toilet training as a self-care skill that children should learn with the full support and non-judgmental concern of adults.

BEST PRACTICE

The management of all children with intimate care needs will be carefully planned and should be a positive experience for all involved. We will treat the child who requires intimate care with respect at all times, the child's welfare and dignity is of paramount importance. Staff are trained to do so and are fully aware of best practice. We will provide suitable equipment and facilities (pending funding) to assist with children who need special arrangements following assessment from a physiotherapist/occupational therapist.

NAPPY FREE TIME

Often babies love nappy free time. It allows them a little time to be free from a nappy and gives them a chance to air their nappy covered area, and to kick and move their legs around freely. Especially if they have some nappy rash it is particularly good to get some air to their skin.

In cub room during the nappy changing routine we like to give the babies the opportunity to have a nappy free kick. This is within the safety of the cub room and at a time of day where people are not coming and going. This would only be done where more than one staff member is present. When we are changing a baby we will leave their nappy off between 5 and 10 minutes and at a time of day which is quieter and calmer and a risk assessment would be done beforehand. The nappy free time will take place at the cub room changing area which is away from doors/windows. The child would be under constant supervision.

PROCEDURES

- Young children from two years should wear pullups or other types of trainer pants.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.

- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Gloves and aprons are put on before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children. Senior staff ensure thorough inductions for all new staff to ensure they are fully aware of all nursery procedures relating to intimate care routines.
- We encourage young children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and paper towels to hand. Children will be allowed time for some play as they explore the water and soap.
- We will not use anti-bacterial hand wash liquid or soap for young children.
- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent, for example washing themselves etc.
- Nappies and pull ups are disposed of hygienically. The nappy or pull up is put in the clinical waste bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home in orange bags.
- It constitutes neglect to leave young children in wet soiled nappies/pull ups and will be a disciplinary matter. The nursery has a 'duty or care' towards children's personal needs.

Contact Numbers:

Name	Contact No
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This policy was adopted in	Signed on behalf of the nursery	Date for review
December 2020	Christine Hall Manager	December 2021